



2sd Open Mosan

13 April 2013

**Complexe de la Hulle
Avenue de Roquebrune
5170 Profondeville**

Poomsae competition



OPEN MOSAN

Dear Taekwondo friends,

It is our pleasure to invite you to participate in the 2^{sd} open Mosan, which will be held in Profondeville, Belgium, on April 13th 2013(poomsae).

We are looking forward to see you in Profondeville, Belgium.

Sincerely yours,

Kristelle Warnon
(kristelle_830@hotmail.com)

POOMSAE

ORGANISATION

Organisation : Warnon Kristelle
Taekwondo Lee Profondeville

Date: **Saturday April 13th 2013 (poomsae)**

Place: PROFONDEVILLE “Complexe de la Hulle”, avenue de Roquebrune, 5170 Profondeville,
Belgium

Information : For all information please contact : Warnon Kristelle
E-mail : kristelle_830@hotmail.com

Deadline: **April 8th 2013** The registration after this date will **NOT** be accepted
Send the registration online : www.tpss.nl

Entry fees : Entry fees are to be paid in advance to the bank on

Individual participation : € 15
Pair participation : € 20
Team participation (3 persons) : € 30
Creation Poomsae : individuel : 15€ ; pair : 20€ ; synchrone : 30€

Account number : 001-5011669-46 IBAN: **BE33 0015 0116 6946** BIC : GEBABEBB

Timetable : **Saturday April 13th** at the sports hall “Complexe de la Hulle”

08:00-09:30 hrs : registration

During registration the national Taekwondo identification must be shown.

10:00-13:00 hrs : Technical contests

13:00-13h45 hrs : lunch break

13:45-18:00 hrs : Technical contests and closing ceremony

CONTESTANTS CLASSIFICATION

Categories : D : from 10th kup to 9th kup
C : from 8th kup to 5th kup
B : from 4th kup to 1st kup
A : from 1st Dan/poom and higher
G-class

Male and female will be separated. *The age categories are based on the year of birth. For example, if someone is 17 years old on the day of competition and he/she is still to become 18 years, then he/she will participate in the category of the seniors 18 until 29 years.*

Age classification :

Poussin : from 3 to 7 years old
 Débutant : from 8 to 10 years old
 Aspirant : from 11 to 13 years old
 Junior : from 14 to 17 years old
 Senior 1 : from 18 to 29 years old
 Senior 2 : from 30 to 39 years old
 Master 1 : from 40 to 49 years old
 Master 2 : from 50 to 59 years old
 Master 3 : from 60 years old and higher

Table Individuel A categorie

Table A- class from 1st Dan/Poom and higher		
Division	1st Compulsory poomsae	2nd Compulsory poomsae
Débutant before 11 years	Taeguek 4, 5, 6, 7 Jang	Taeguk 8 Jang, Koryo, Keumgang, Taebak
Aspirant 11 – 13 years	Taeguk 4, 5, 6, 7 Jang	Taeguk 8 Jang, Koryo, Keumgang, Taebak
Junior 14-17 years		
1st Senior 18 – 29 years	Taeguk 6, 7, 8 Jang, Koryo	Keumgang, Taebak, Pyongwon, Shipjin
2nd Senior 30-39 years		
1st Masters 40-49 year	Taeguk 8 Jang, Koryo, keumgang, Taebak	Pyongwon, Shipjin, Jitae, Chonkwon
2nd Masters 50-59 years	Koryo, Keumgang, Taebak, Pyongwon	Shipjin, Jitae, Hansu, Chonkwon
3rd Masters 60 years ans higher		

Table Pair (1 male en 1 female) & Synchrone (3 male en 3 female) class A & Teams

Division	Table A- class from 1st Dan/Poom and higher	
	1st Compulsory poomsae	2nd Compulsory poomsae
Pair Aspirant before 13 years	Taeguk 6, 7, 8 Jang, Koryo	Keumgang, Taebak, Pyongwon, Shipjin
1st Pair 14 – 29 years	Taeguk 6, 7, 8 Jang, Koryo	Keumgang, Taebak, Pyongwon, Shipjin
2nd Pair 30 years and higher	Taeguk 8 Jang, Koryo, keumgang, Taebak	Pyongwon, Shipjin, Jitae, Cheonkwon
Team Aspirant before 13 year s	Taeguk 6, 7, 8 Jang, Koryo	Keumgang, Taebak, Pyongwon, Shipjin
1st Team 14 – 29 years	Taeguk 6, 7, 8 Jang, Koryo	Keumgang, Taebak, Pyongwon, Shipjin
2nd Team 30 years or higher	Taeguk 8 Jang, Koryo, keumgang, Taebak	Pyongwon, Shipjin, Jitae, Chonkwon

Table Individuel classe B et C

Kup	1 st round	2 nd round	3 rd round
8 th kup	Taegeuk 1 jang	Taegeuk 1,2,3 jang	Taegeuk 1,2,3 jang
7 th kup	Taegeuk 2 jang	Taegeuk 1,2,3,4 jang	Taegeuk 1,2,3,4 jang
6 th kup	Taegeuk 3 jang	Taegeuk 1,2,3,4,5 jang	Taegeuk 1,2,3,4,5 jang
5 th kup	Taegeuk 4 jang	Taegeuk 1,2,3,4,5,6 jang	Taegeuk 1,2,3,4,5,6 jang
4 th kup	Taegeuk 5 jang	Taegeuk 1,2,3,4,5,6,7 jang	Taegeuk 1,2,3,4,5,6,7 jang
3 rd kup	Taegeuk 6 jang	Taegeuk 1,2,3,4,5,6,7,8 jang	Taegeuk 1,2,3,4,5,6,7,8 jang
2 nd kup	Taegeuk 7 jang	Taegeuk 1,2,3,4,5,6,7,8,9 jang	Taegeuk 1,2,3,4,5,6,7,8,9 jang
1 st kup	Taegeuk 8 jang	Taegeuk 1,2,3,4,5,6,7,8,9,10 jang	Taegeuk 1,2,3,4,5,6,7,8,9,10 jang

Attention !!!! : 8th keup is allowed to do 3 times the same poomsae and 7th keup is allowed to do 2 times the same poomsae

Table Pair (1 male en 1 female) & synchrone (3 male en 3 female) class B & Teams

Table B-cat: 4 th kup until 1 st kup		
Division	1 st Compulsory poomsae Free choose for the 1 st round !!!	2 nd Compulsory poomsae Free choose for the 2 nd and Final round !!!
Pair poussin 3-7 years	Taegeuk 1, 2, 3, 4 jang	Taegeuk 1, 2, 3, 4 jang Taegeuk 5, 6, 7, 8 jang
Pair Debutant 8-10 years		
Pair Aspirant 11-13 years		
1 st Pair 14-29 years		
2 nd Pair 30 years or higher		
Synchrone poussin 3-7 years		
synchrone Debutant 8-10 years		
synchrone Aspirant 11-13 years		
Synchrone 1 14-29 years		
Synchrone 2 30 years or higher		
Equipe 1 3-7 years		
Equipe 2 8-11 years		
Equipe 3 11-13 years		

Equipe 4 14-29 years		
Equipe 5 30 years and higher		

**Table Pair (1 male en 1 female) & synchrone (3 male en 3 female) class C
& Teams**

Table C-cat: 8th kup until 5st kup		
Division	1st Compulsory poomsae Free choose for the 1st round !!!	2nd Compulsory poomsae Free choose for the 2nd and Final round !!!
Pair poussin 3-7 years	Taeguek 1, 2, 3, 4 jang	Taeguek 1, 2, 3, 4 jang Taegeuk 5, 6 jang
Pair Debutant 8-10 years		
Pair Aspirant 11-13 years		
1st Pair 14-29 years		
2nd Pair 30 years or higher		
Synchrone poussin 3-7 years		
synchrone Debutant 8-10 years		
synchrone Aspirant 11-13 years		
Synchrone 1 14-29 years		
Synchrone 2 30 years or higher		
Equipe 1 3-7 years		
Equipe 2 8-11 years		
Equipe 3 11-13 years		
Equipe 4 14-29 years		
Equipe 5 30 years and higher		

Table individuel classe D

Table D- class from 10th to 9th kup		
Division	1st Compulsory poomsae	2nd Compulsory poomsae
Poussin 3-7years	Techniques de base: (3 pas en avant et 3 pas en arrière) ou Taegeuk: 1, 2 jang	
Débutant 8-10 years		
Aspirant 11 – 13 years		
Junior 14-17 years		
1st Senior 18 – 29 years		
2nd Senior 30-39 years		
1st Masters 40-49 year		
2nd Masters 50-59 years		
3rd Masters 60 years ans higher		

**Table Pair (1 male en 1 female) & synchrone (3 male en 3 female) classe D
& Teams**

Table D- class from 10 th to 9 th kup		
Division	1 st Compulsory poomsae	2 nd Compulsory poomsae
Pair poussin 3-7 years	Techniques de base: (3 pas en avant et 3 pas en arrière) ou Taegeuk: 1, 2 jang	
Pair Debutant 8-10 years		
Pair Aspirant 11-13 years		
1 st Pair 14-29 years		
2 nd Pair 30 years or higher		
Synchrone poussin 3-7 years		
synchrone Debutant 8-10 years		
synchrone Aspirant 11-13 years		
Synchrone 1 14-29 years		
Synchrone 2 30 years or higher		
Equipe 1 3-7 years		
Equipe 2 8-11 years		
Equipe 3 11-13 years		
Equipe 4 14-29 years		
Equipe 5 30 years and higher		

Areas : There will be 2 competition areas

Awards : medals for 1st, 2nd and 3rd

METHOD OF COMPETITION

Rules : WTF-Competition rules and in some cases completed by the rules of Belgian Federation

Style form : Taegeuks and Higher

Mode :

A) Athletes shall be allowed to participate in more divisions : Individual division, pair division, team division

B) Cut-off system 1st round : all participants

2nd round : at least 50% of the participants (including participants with equal scores)

3rd round : maximum of 8 participants can qualify for this round

4th round: after equal score : between 1-2-3-4 ranking

C) Final round: 2 poomsaes with 1 minute pause.

Membership : participants must be a member of a national taekwondo federation,affiliated to the W.T.F. This membership must be proved by means of a valid federal certificate of membership at the registration.

Hall Rules : Only the competitors and their coaches have admittance to the contest areas by the registration cards. Competitors and coaches have to wear sporting shoes. One single coach for every group of five competitors has free admission with a maximum of 3 coaches per team.

Protest : Only the official coach is allowed to protest, immediately after the end of the contest.
The decision of the judge is final.

Liability : Under no circumstances the organization can be held responsible for any loss, theft, violence or damage to equipment, participants and spectators.

SPECTATORS

Spectators have to pay € 5 (euro) Entry is free for spectators until 10 years old.

HOTEL ACCOMMODATION

To all the teams-club : You alone are responsible to book hotel rooms.

Hotel Beauregard: Avenue Baron de Moreau 1, 5000 Namur This hotel is approximately 5 minutes away from the sport hall

“centre sportif namurois”

<http://www.hotelbeauregard.be>

Hotel Ibis Namur Centre : Rue du Premier Lanciers 10, 5000 Namur This hotel is approximately 5 minutes away from the sport hall

“centre sportif namurois”

http://www.ibishotel.com/ibis/fichehotel/fr/ibi/3151/fiche_hotel.shtml

Hotel Leonardo Namur : Chaussee de Dinant 1149, 5100 Wepion This hotel is approximately 15 minutes away from the sport hall

“centre sportif namurois”